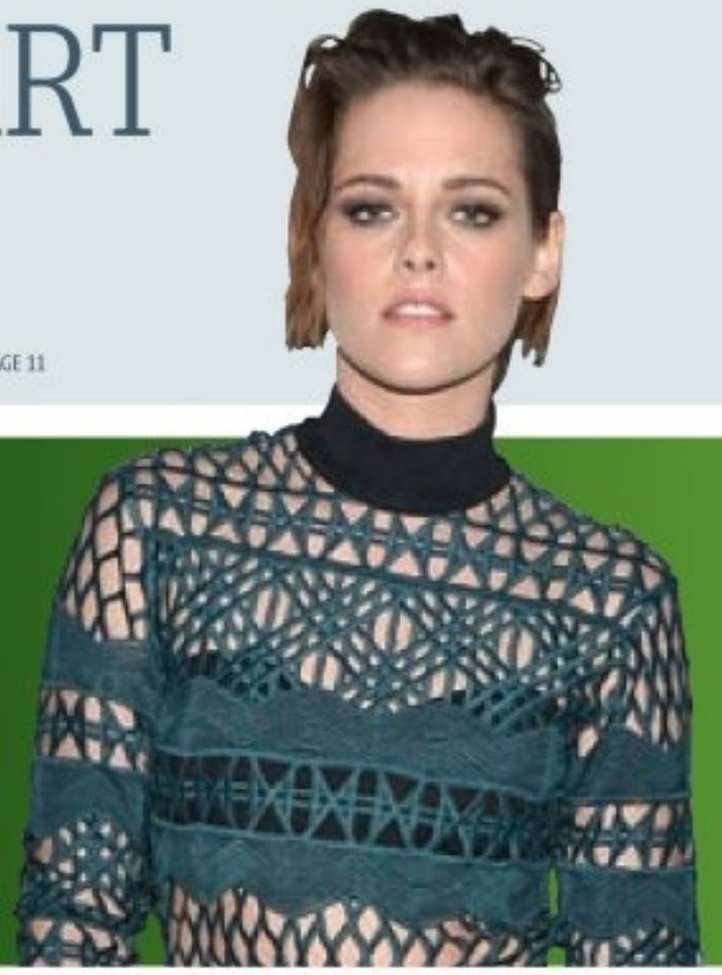
DOES KRISTEN STEWART HAVE A GIRLFRIEND?

HER MOM CLEARLY OUTS HER, THEN QUICKLY BACKTRACKS. PAGE 11



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Philly sports Phrankenstein

Glen Macnow. Metro's very own sports professor takes on the role of mad scientist as he brews together his dream Philadelphia athlete. PAGE 18

What do you get when you mix Cole Hamels' left arm, LeSean McCoy's feet and more than two dozen other elite body parts? / BILLY BECERRA

Gun thief sentenced under Brad Fox law

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Jeb Bush makes bid for president

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Jonatha Brooke gets personal in 'My Mother'

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What's too much salt? Verdict is still out

PAGE 15

1 NEWS

Top 3

The best of Metro.us

1 'Kristen Stewart outed by her mom'

2 'Want a Brazilian wax? The Olympics are ready for you'

3 'The impact of the Caitlyn Jenner cover story on trans women like me'

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'Strawman' sentenced under tougher gun laws

Thief. A Philly man who stole 10 firearms to feed his heroin habit was hit with up to 10 years in prison.

A gun store in South Philly / FILE PHOTO

A Philly man who confessed to stealing 10 firearms from gun shows and reselling them to pay for his heroin habit was the first defendant in the city hit with the state's tougher laws on straw purchases of guns.

Raymond Thomas McCandless, 32, was sentenced to five to 10 years, with 20 years of probation afterward, under the "Brad Fox" law, which went into effect in 2013.

Before the law, named for a cop killed by a gun bought by a straw purchaser, McCandless could have faced as little as a year and a half in prison, said prosecutor JT Tartikoff. Straw purchasers without a criminal record could get less than a year or no jail time before.

Tartikoff, who sought 7.5 to 15 years for McCandless, said only two of the 10 guns McCandless stole and resold have been recovered.

McCandless confessed in June 2014 that he had stolen 10 guns from two gun shows, one in Montgomery County and one in Philadelphia, before selling them on.

One of those recovered belonged to a friend, and another was recovered during a domestic violence arrest after a woman claimed her boyfriend had pointed the gun at her head.

"Eight of them are still ticking time bombs in the hands of people who shouldn't have them," said the prosecutor. "He's made Philadelphia a more dangerous place by doing what he's done."

In the two robberies, McCandless stole a Springfield 9mm, a Taurus .380, a Taurus .45, a Bersa .45, a .357 Magnum, a Taurus .40 PT 24/7, a Glock 9mm Model 25, a High Point .380, a Charter Arms .38 "Goldfinger" and a Smith & Wesson 1911 .45 with a laser sight.

In total, the guns were worth a retail value of thousands of dollars. But McCandless admitted he sold them for a total of about $1,500.

"For cases like this, people think of it as a victimless crime, because nobody was shot. But you're talking about flooding the streets with illegal guns," said CeaseFire PA program director Jeff Dempsey, who testified at McCandless' hearing.

"They're not going to be used for display."

"It's tragic to think that these guns are out there, probably going to people who can't obtain them legally and likely being used for crimes that will impact someone's life greatly."

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

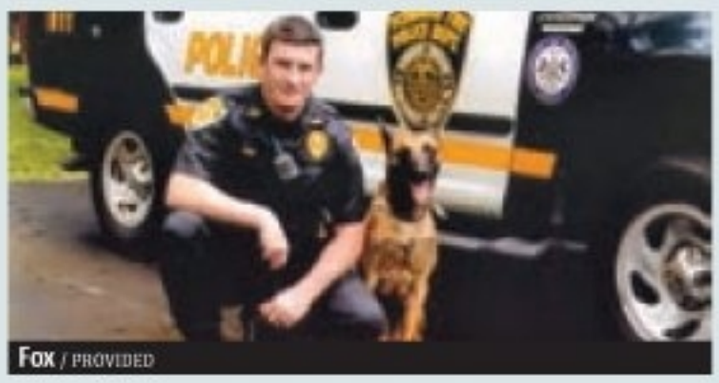
Quoted

"Eight of them are still ticking time bombs in the hands of people who shouldn't have them. He's made Philadelphia a more dangerous place by doing what he's done."
Tartikoff

Brad Fox

Law named for hero cop

The state's tough new law on straw purchasers of guns was named after Brad Fox, a Plymouth Township police officer and Marine Corps veteran who served two tours in Iraq. In 2012, Fox was killed in the line of duty by Andrew Thomas, 44, who was not legally allowed to buy a gun due to his criminal background, but had bought nine guns from a straw purchaser.


FOX / PROVIDED

Answers. Family wants police shooting investigation reopened

The family of a man killed by police when a traffic stop turned into a street fight wants the Philadelphia district attorney's office to reopen the investigation into his death.

But Philadelphia District Attorney Seth Williams rejected that request, saying the death of Brandon Tate-Brown was a tragedy, but it was not a criminal act.

"Brandon Tate-Brown was not reaching for a gun in the passenger side front door when he was shot and killed by a Philadelphia police officer," said Brian Mildenberg, the lawyer representing the family.

Police had said that Tate-Brown was trying to grab a gun when cops shot him, but the lawyer has argued for months that the video shows he was shot first, which documents released by the city confirm.

Mildenburg says the differing accounts point a cover up. DAN KELLEY

Drunken driving

Off-duty cop sentenced for fatal DUI

An off-duty police officer was hit with two to seven years for a fatal drunk driving crash.

Former Sgt. Thomas Winkis was driving at 101 miles per hour on a road with a 35 mph speed limit when he crashed into the vehicle of 55-year-old David Farries on Sept. 14, 2013.

He had a blood alcohol content level of .10 two hours after the crash. Reports said Winkis, who was recently bereaved, consumed nine beers and three shots before the crash.

He pleaded no contest to involuntary manslaughter, DUI and recklessly endangering another person. SAM NEWHOUSE

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High school geniuses unleash their robots on Comcast Center

Students from eight Philly-area high schools showed off their robotics chops on Monday at the Comcast Center. Fifty local students displayed their robot designs and discussed their creations in an event meant to highlight the achievements of Philly's STEM students competing in the FIRST (For Inspiration and Recognition of Science and Technology) league. Each robotics team came up with an ingenious name, including Bishop McDevitt High School's E=mCD, St. Hubert All-Girls High School's BambieBotz, Wissahickon High School's Miss Daisy and Central High School's RoboLancers. / CHARLES MOSTOLLER/METRO

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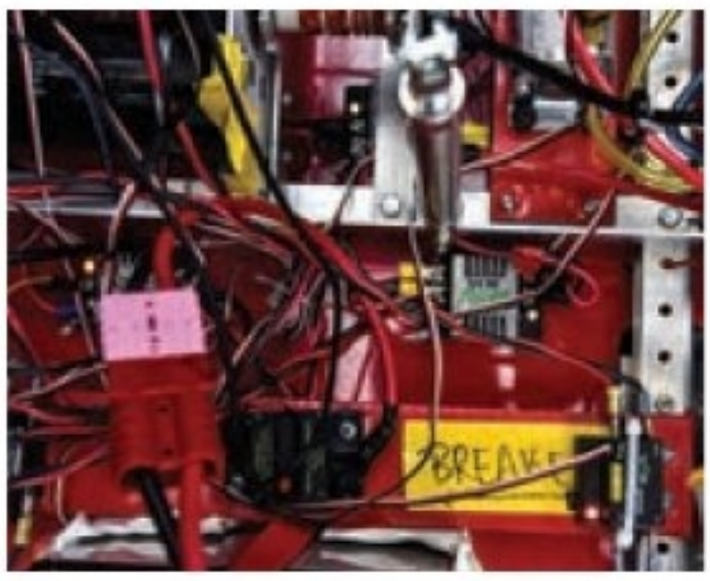


GOP. Challenger enters race for Pennsylvania Attorney General

State Sen. John Rafferty will officially announce his challenge to embattled Pennsylvania Attorney General Kathleen Kane.

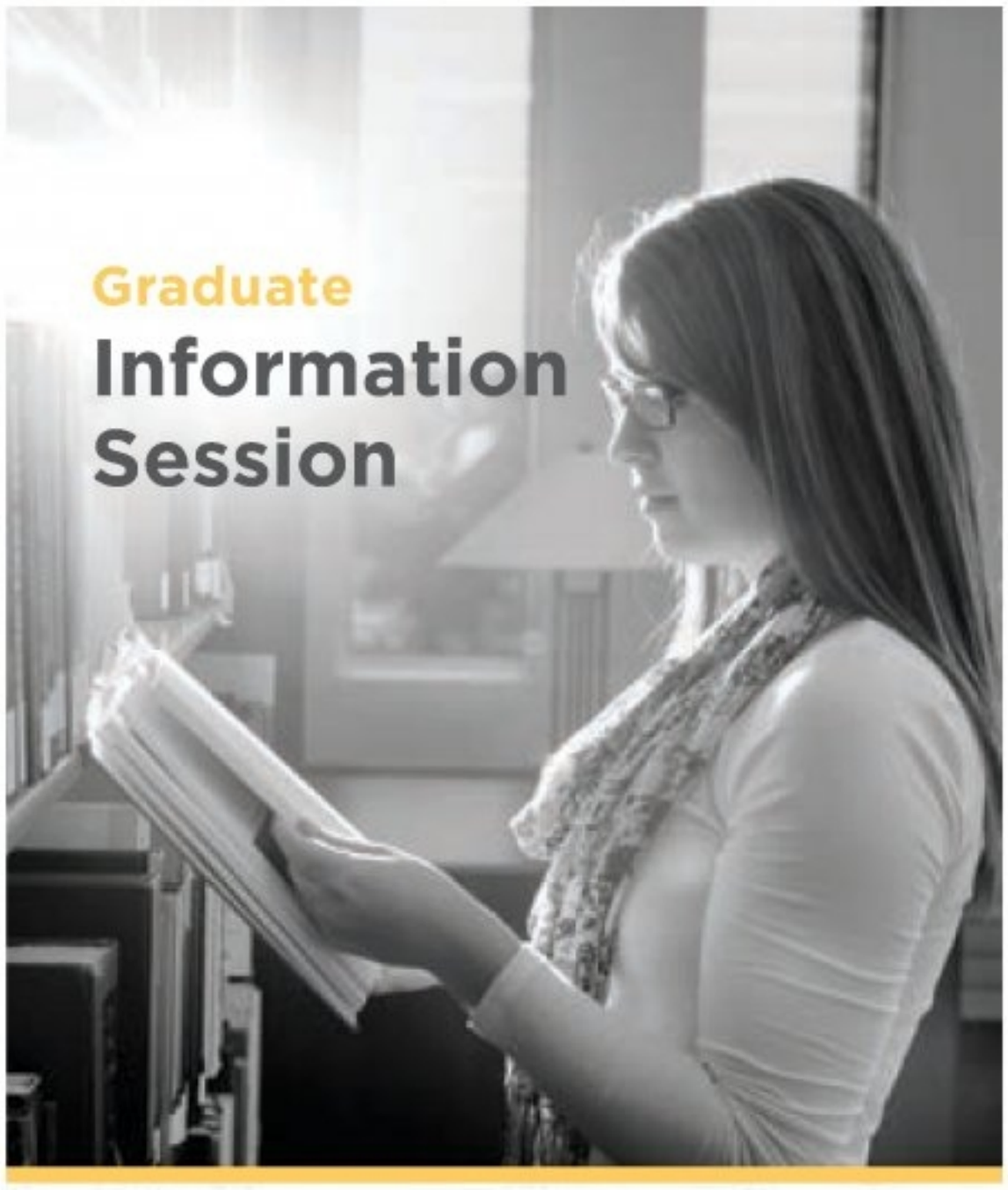
The suburban Philadelphia Republican is expected to make the announcement Wednesday at the headquarters of the Pennsylvania State Police Association, the union representing state police.

Kane's tenure has been marked by a series of controversies. She rode to office on promises that she would review the state's investigation into former Penn State assistant football coach Jerry Sandusky, an announcement that rubbed many investigators and prosecutors who worked the case the wrong way.

Prosecutors in Montgomery County are still deciding whether to charge Kane with leaking grand jury information and if she lied about disclosing that information.

Kane / FILE PHOTO

DAN KELLEY



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Accused accomplice in NY prison break appears in court

Court. She has pleaded not guilty. If convicted, she faces up to eight years in prison.

Joyce Mitchell / GETTY IMAGES

A female prison employee accused of helping two convicted killers stage a brazen escape appeared in court in upstate New York on Monday, under heavy protection and clad in apparent body armor and prison stripes.

Joyce Mitchell, 51, is charged with providing chisels and hacksaws to Richard Matt and David Sweat, who escaped from Clinton Correctional Facility in Dannemora, New York.

The pair remained at large for a 10th day as more than 800 law enforcement officers combed dense woodlands near the prison, about 20 miles south of the Canadian border.

Sweat, 35, and Matt, 48, were discovered missing from their adjoining cells at 5:30 a.m. on June 6.

Their elaborate escape involved cutting through a steel wall and slithering through a steam pipe before emerging from a manhole on the street outside the prison's walls.

Mitchell, who is accused of promoting prison contraband and criminal facilitation, appeared in Plattsburgh City Court, where a new attorney, Stephen Johnston, took over her case.

Her previous attorney, Keith Bruno, resigned, citing a conflict.

Mitchell, wearing a black-and-white prison uniform and what appeared to be body armor, was shackled at her ankles and waist.

Appearing downcast, she said "yes" in a soft voice when Judge Mark Rogers asked if she understood the proceedings.

Her case was moved to the Clinton County court system. REUTERS

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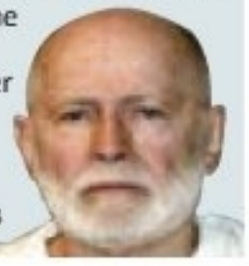
Three things to know

1 Court to hear 'Whitey' Bulger's appeal

Former mobster James "Whitey" Bulger will get a chance next month to argue against a 2013 jury verdict that found him guilty of committing or ordering the murders of 11 people while he ruled Boston's underworld in the 1970s and '80s.

The U.S. Court of Appeals for the First Circuit said it would hear Bulger's case on July 27 in the same waterfront courthouse where a jury heard descriptions of what U.S. District Judge Denise Casper called the "unfathomable" crimes he committed while running the city's "Winter Hill" crime gang.



REUTERS

2 Two Catholic bishops resign in child sex abuse scandal

Pope Francis on Monday accepted the resignation of two U.S. bishops, 10 days after a Minnesota prosecutor filed criminal charges against their diocese for failing to protect children from a sexually abusive priest.

Archbishop John Nienstedt of Saint Paul and Minneapolis and one of his deputies, Auxiliary Bishop Lee Piche, resigned over their links to Curtis Wehmeyer.

Wehmeyer, who has been dismissed from the priesthood, is serving a five-year prison sentence after pleading guilty in 2012 to criminal sexual conduct with two minors and possessing child pornography.

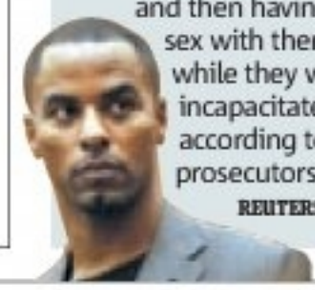
REUTERS

3 Former NFL star Sharper pleads guilty to rape

Former NFL star Darren Sharper pleaded guilty to drugging and raping three women in New Orleans, the final step in a series of deals with prosecutors in federal court and four states.

Sharper, a 14-year NFL veteran who retired in 2010, pleaded guilty in Orleans Parish Criminal District Court to two charges of forcible rape and one of simple rape in 2013.

The 39-year-old Sharper admitted to distributing controlled substances to women and then having sex with them while they were incapacitated, according to prosecutors.



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Jeb Bush vows to fix DC as he starts run

Little Rock

Armed man shot trying to enter Arkansas air base

An armed man trying to get into the Little Rock Air Force Base in Arkansas was shot at the gate and is in critical condition at an area hospital, base officials said.

The base was sent into lockdown for nearly three hours while authorities examined the car driven by the man. They believe he was acting alone but did not identify him. Authorities said he carried a rifle.

"I do not know if the suspect fired rounds out of his weapon, but I do know that he was brandishing a weapon at the time he exited his vehicle," said Col. Charles Brown. REUTERS

Threat

Russia says it will retaliate if US puts weapons on its borders

A plan by Washington to station tanks and heavy weapons in NATO states on Russia's border would be the most aggressive U.S. act since the Cold War, and Moscow would retaliate by beefing up its own forces, a Russian defense official said on Monday.

The United States is offering to store military equipment on allies' territory in eastern Europe, a proposal aimed at reassuring governments worried that, after the conflict in Ukraine, they could be the Kremlin's next target. REUTERS

Sienna Mesa, 6, holds a campaign sign. / GETTY IMAGES

Speech. Bush said he would make it a top priority to create as many as 19 million jobs.

Former Florida governor Jeb Bush began his U.S. presidential bid on Monday with a vow to fix a dysfunctional Washington and "get events in the world moving our way again."

In his speech he delivered in Miami to announce his candidacy, Republican Bush said, "I will take nothing and no one for granted. I will run with heart. I will run to win."

Son of one president and brother of another, Bush is searching for momentum to break out of a crowded field for the Republican presidential nomination to run in the November 2016 election.

Bush, 62, presented himself as an anti-Washington figure with a can-do spirit, ready to apply conservative principles that he says he used in Florida. Bush is only the latest candidate to paint himself as a Washington outsider and blame government for America's problems.

"We will take Washington — the static capital of this dynamic country — out of the business of causing problems. ... We will get back on the side of free enterprise and free people," Bush said.

Bush made his announcement at Miami Dade College, a school whose multicultural student population was chosen to emphasize Bush's commitment to trying to expand the appeal of the white-dominated Republican Party. REUTERS

Quoted

"I will campaign as I would serve: going everywhere, speaking to everyone, keeping my word, facing the issues without flinching and staying true to what I believe." Jeb Bush

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Is Harvard really discriminating against Asian applicants?

Affirmative action. An investigation reveals a broader agenda behind a recent lawsuit.

The percentage of Asian-Americans admitted to Harvard has actually risen since 2005. / ISTOCK

Harvard University has come under attack in court for allegedly limiting the number of Asian-American students it admits.

But an investigation reveals that the lawsuit arose from a broader goal: to upend a nearly 40-year-old Supreme Court decision that has primarily helped blacks and Hispanics.

The lawsuit was not initiated by Asian-Americans. Rather, it was started by a conservative advocate, Edward Blum, who, over the years, has enlisted white plaintiffs to challenge race-based policies.

Blum launched the Harvard case after a prior high-profile effort to overturn university racial preferences foundered.

Blum claims he is not trying to exclude any specific group: "The agenda for this organization and, I believe, the sentiment and will of the American people is to eliminate the use of racial classifications in admissions." REUTERS

Really racist?

Asian-Americans made up 21 percent of admissions in 2015, up from 17.6 percent a decade ago. Blacks made up 12.1 percent, compared with 10.5 percent, while whites shrank to 51 percent from 61 percent in 2006.

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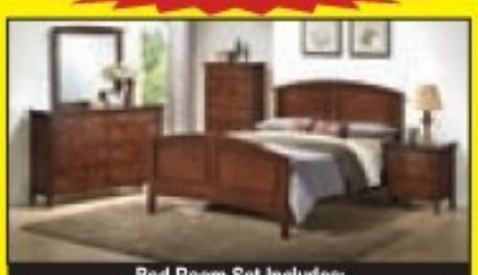

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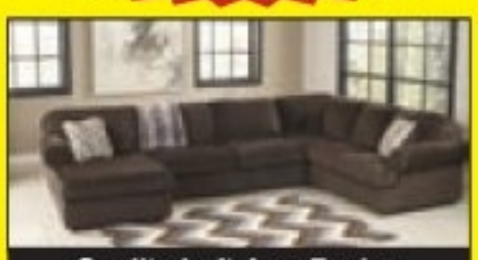

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1 Was Kristen Stewart outed by her mom?

Well, this isn't very parental. Kristen Stewart's mom, Jules Stewart, allegedly gave an interview to Britain's Sunday Mirror flat-out confirming that the former "Twilight" star is dating her personal assistant, Alicia Cargile. "What's not to be accepting about her now having a girlfriend? She's happy," Jules says. "She's my daughter. I'm just her mom, so she knows I would accept her choices. I've met Kristen's new girlfriend. I like her. What's not to accept? She's a lovely girl." But after that went viral, she's doing damage control, saying she never said anything of the sort. Family drama! **NED EHRBAR**

STEWART WITH CARGILE

THE WORD

Metro editors take on the world of gossip.

@metronewyork
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2 Mila Kunis' former friend drops chicken lawsuit

Does this look like a chicken kidnapper to you? / ALL PHOTOS GETTY IMAGES

It seems Mila Kunis' ex-friend Kristina Karo has, er, chickened out in going through with filing a $5,000 lawsuit against her, claiming Kunis stole her beloved chicken. Karo claims Kunis kidnapped her pet chicken named Doggie 25 years ago but tells TMZ that, due to a recent revelation in therapy, she has decided not to press charges after all: "I've learned to forgive in my heart the people who have wrong[ed] me, like Mila," she tells them. "There is only one judge, and that is God. I pray for her soul and the soul of Doggie, that he has found peace finally in chicken heaven." Good to know all chickens named Doggie go to heaven? **EMILY LAURENCE**

3 Jennifer Garner and Ben Affleck act like a normal, nondivorcing couple

Please employ your best Psych 101 tactics to determine whether or not these two look like they're getting divorced.

The epic saga of whether or not Jennifer Garner and Ben Affleck are splitting up continues onward. While various reports have the couple practically filing divorce papers — no, really, any second now, they're going to announce it — Affleck and Garner chose the revolutionary option of going to the farmers market with their kids this weekend, like pretty much every other upper middle-class family does on June weekends. Radar Online quotes a source who is no doubt very close to both of those people in real life and not delusional at all as saying "their marriage has completely fallen apart." Somehow, they were able to soldier on to the farmers market, despite the secretly and invisibly shredded tatters of their marital bond (and having some very indiscreet friends and associates). **LISA WEIDENFELD**

4 CULTURE

Twitter feed

Today, Emma Bunton is having a rough morning, Ed Sheeran is still in shock, Tom Daley is pleased, Anna Kendrick is a survivor and Mindy Kaling is full of ideas.

@EmmaBunton: This is not gonna be easy!!!

@edsheeran: Game of thrones. Nah. Nah.

@TomDaley1994: I am loving the weather in London recently! It has been so nice!

@AnnaKendrick47: "So mainly you talk?"

"AND drink. I've survived so far."
- Me IRL

@mindykaling: Cheap should be spelled cheep, it's cuter

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A BRUTAL 'GOT' FINALE LEADS TO SHOCKING DEATHS

'Thrones' on the Web

WINTER IS COMING

As the editor-in-chief for Winter Is Coming, Dan Selcke spends his time writing about the latest "Game of Thrones" news and preparing for the long night that will have no end.

Read more at **Winteriscoming.net.**

An eventful, controversial year of "Game of Thrones" comes to an end with "Mother's Mercy," an eventful, sure-to-be-controversial finale.

Episode MVPs

After the first few episodes of Season 5 aired, some fans complained that the show was moving too slowly. That can't really be said of the last several episodes, which have frantically toppled the dominoes set up during the first half of the season.

"Mother's Mercy" pushed things into overdrive as several characters competed for the spotlight. Was the death of Stannis Baratheon, a character still alive and well in the novels, the highlight? How about Arya Stark's murder of her old enemy Meryn Trant, a scene that pushed the envelope for brutality? And what of Cersei Lannister's walk of atonement, a moment that paid off the character's series-long flirtation with hubris and made a convincing case for giving Lena Headey an Emmy for Outstanding Lead Actress?

The obvious standout moment was the final scene, in which Jon Snow was killed by a group of disgruntled Night's Watchmen. On one level, the scene was shocking. Jon Snow, after all, is the closest thing the show has to a hero. On another level, it was only to be expected. "Game of Thrones" has been killing its lead characters since Season 1, when Ned Stark fell to an executioner's blade. The show has made a lot of changes to its source material this year, but its willingness to play off our expectations in the service of making great TV has remained intact.

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Jon Snow is dead! Or not. Hard to tell with this show. / HELEN SLOAN, HBO

Our watch for next year begins

Save a few stray plot strands, "Mother's Mercy" marks the moment when "Game of Thrones" officially caught up with the published books. Until author George R.R. Martin completes a new novel in his "A Song of Ice and Fire" series, fans who've never read the books know as much as those who have devoured them several times over. When winter comes next year, we will all face it together.

One more thing

Author's notes

Although fans routinely ask his opinion on the increasing number of changes made as "Game of Thrones" gets adapted from the page to the screen, George R.R. Martin recently reiterated that he "cannot control" anything the producers do and is instead focusing on completing "The Winds of Winter," the next book in his cycle of novels. Hopefully, the show's rapid pace will inspire him to get "Winds" out before Season 6 premieres.

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SEPTA

Balancing tragedy and comedy

Theater. Folk-rock singer-songwriter Jonatha Brooke talks about her one-woman show.

Jonatha Brooke tells stories of caring for her mother, writer Darren Stone Nelson, in "My Mother Has 4 Noses." / SANDRINE LEE

If you go

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Darren Stone Nelson was a published poet and columnist, a trained circus clown and a lover of language. She retained that love, according to her daughter, singer-songwriter Jonatha Brooke, even as Alzheimer's disease took its toll. Brooke recalls one morning in particular when her mother excitedly burst out with the exclamation, "You might be refrigerated for other expectations!"

"Which means nothing," Brooke says, "but to her, it was this grandiose proclamation, and she was so excited to share it with me. She just loved the feel of the words in her mouth. Even when she was searching for the right words, she still relished coming up with any kind of word at all. Thank goodness her language was one of the last things that she lost."

Brooke recounts stories like this one about the two years she spent caring for her mother in her one-woman show, "My Mother Has 4 Noses," which opens at People's Light on Thursday. Brooke came to prominence in the early 1990s as part of the folk-rock duo The Story and then with solo albums, including "Plumb" (1995) and "10 Cent Wings" (1997). While she was forced to put her career on hold while her mother's health deteriorated (she died in 2012), Brooke knew that the experience would eventually come through in her music in some form.

The show, Brooke says, captures the sensation of simultaneously laughing and crying that she experienced so often while caring for her mother. "She would crack me up all the time," Brooke says. "I really wanted to get inside that strange, common thing where something awful happens, but there's something incredibly funny going on at the same time. … I worked really hard at balancing that tragic, comic conundrum."

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The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.
Purchases must be made with cash only and paid at the time of sale. All goods are sold as is and must be removed at the time of purchase. Compass Self Storage reserves the right to refuse any bid. Sale is subject to adjournment.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on **June 26, 2015** at **11:00AM**, at the Extra Space Storage facility located at: **1553 Grant Avenue, Philadelphia, PA 19115, (215) 464-3913**. The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.
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Notice is hereby given that the undersigned will sell, to satisfy the lien of the owner, at public sale, by competitive bidding on **June 26, 2015** at **12:00pm** at the Extra Space Storage facility located at: **12005, Roosevelt Blvd., Philadelphia, PA 19154, 215-856-0835.** The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.
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With a grain of salt

A new salt labeling proposal may not solve anything — and could create new problems.

EVA KIS
@thisiskis
eva.kis@metro.us

First, the regulators came for our large sodas; now, they're back for the salt in our food. At least science was on their side the first time.

Last week, a proposal was put forward in New York City to label any dishes on major restaurant chains' menus that contain more than the recommended daily limit of salt. The average American eats an estimated 3,400 milligrams (mg) of salt per day, which the FDA would like to see come down to 2,300 mg (about a teaspoon); the American Heart Association sets its bar even lower, at 1,500 mg.

Beginning to see the problem? There's more to consider than finding the real healthy limit before making salt our new food pariah.

Questioning the guidelines

Last year, Danish scientists analyzing American diets found that too little salt can be just as harmful as too much. What's more, the FDA's recommended daily amount could be nearly doubled without risk to health. Their study linked eating more than 12,000 mg of salt daily to a higher risk of heart problems and death, with the same effect seen in those eating the least amount of salt. The scientists calculated the ideal range at between 2,645 mg and 4,945 mg per day — at the high end, that's more than twice the FDA's comparably generous recommendation. So what's the real number?

The norm is too low

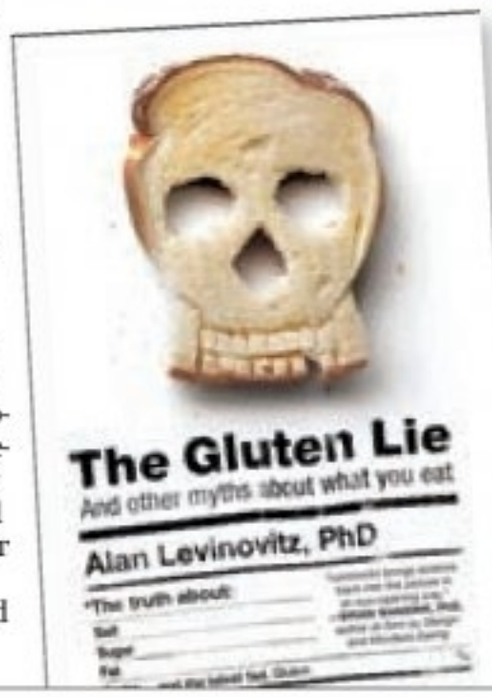
In his new book, "The Gluten Lie," Alan Levinovitz highlights a nutritionist who developed Meniere's disease, the treatment for which requires reducing salt consumption. When the nutritionist started exploring her options, she realized that the AHA's guideline for salt intake was nearly the same for the average person as for someone with her condition.

"All of those people who have genuine physical reactions to foods get confused with a much larger population who are trying to use demonized foods to exert control over their own health," says Levinovitz. "If the dietary guidelines came out, and they were honest, they would just say, 'Eat around your recommended daily allowance of calories and make it varied.'"

Don't ruin your appetite

"To people who suffer from dietary problems, whether they are obese and want to lose weight or they suffer from stomach issues, I would tell them as any doctor would: Stay away from the Internet. Go to a physician or registered dietician, tell them the goals you want to accomplish, and the physician or registered dietician will help you achieve your goal in a responsible way," Levinovitz says.

For the rest of us just trying to eat healthier, he has a common-sense philosophy: "Realize how incredibly liberating it is to treat food as something joyful and not as an opportunity for salvation or damnation."



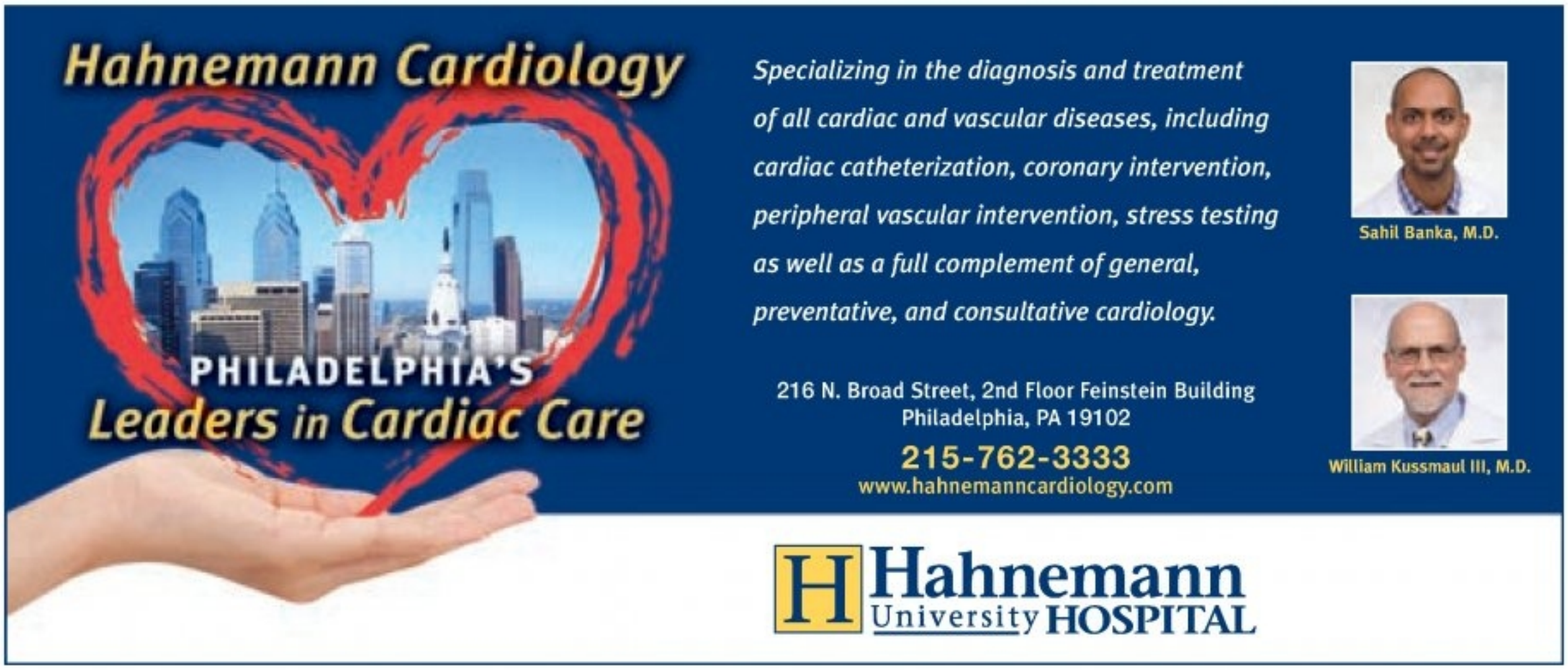
Why not 'just label it'

The evidence on calorie labeling is mixed, and slapping a salt warning label on dishes could have far-ranging effects. "In theory, labeling these dishes is not bad. But in practice, it's not just going to make people anxious about that particular dish, it's going to make them anxious about salt in general," he says.

Unexpected consequences

When fats became the enemy in the '80s, people replaced them with empty calories full of sugar. Cutting back on salt so drastically could lead to many people seeking out tastier alternatives that may be no healthier, or worse, than what we're currently eating. Levinovitz talked with people already afraid to salt their food, struggling to serve their kids plain, boiled broccoli. But that just has the effect of teaching them (and yourself) that home-cooked meals taste terrible.

"If you want to encourage a healthy culinary culture where people eat diverse foods and home-cooked meals," says Levinovitz, "the last thing you want to do is demonize salt through forced labeling so people are scared to put it on their food at home."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Three ways you're hurting yourself by not getting enough Z's.

MARIANNE HAYES
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This is your brain on sleep deprivation

Get some sleep, or else (no, really). ISTOCK

Bad sleep habits are wrecking your life.

It's no shocker that a rough night's sleep has negative side effects that go beyond feeling drowsy and irritable the next day. A new study out of Sweden found that people who live on louder streets were 25 percent likelier to be overweight because they slept worse, had less energy and had higher levels of the stress hormone cortisol, which can build up belly fat.

"The research is accumulating to suggest that — across multiple domains of physical functioning and mental health functioning and in terms of our social relationships — sleep plays a critical role," says Dr. Natalie Dautovich, a National Sleep Foundation scholar.

The agency recommends adults get seven to nine hours of sleep a night. Dautovich revealed three surprising ways that crummy sleep is hurting your waking hours.

Brain fog

Can pulling all-nighters actually make you dumb? An animal study that came out last year suggests that while we're sleeping, twice as many neurotoxins are cleared from the brain compared to when we're awake, and Harvard researchers found that quality and quantity of sleep have a "profound impact" on memory and learning.

Worse decisions

"When we are sleep-deprived, we have decreased activity in the areas of the brain that are responsible for decision-making, and we have increased activity in areas of the brain that are associated with reward," she says. Translation? We're less capable of making effective decisions; rewards also become more appealing.

Less sex

We all know that less sleep means less energy. But sex is more than physical, and research is now suggesting that mental grogginess is sapping your desire to get it on. A University of Michigan study found that for each additional hour of sleep, a woman is 14 percent likelier to have sex the next day, and women with healthy sleep habits get aroused more easily.

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841 S Columbus Blvd, Philadelphia, PA 19147, will be conducting a **Public Sale** of the contents of the storage spaces listed below, with the contents being sold to the highest bidder. Owner reserves the right to bid, reject any or all bids, and cancel or adjourn the sale. The sale is being held to satisfy a landlord's lien and will take place via an on-line auction at **www.storagebattles.com** on **June 16, 2015** beginning at approximately **10am** and concluding on **June 30, 2015** at approximately **10am.** Certain terms and conditions apply.

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#220 Lillian Lucas

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

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#0129 - Ervin Hellams Sr., #0133 - Taisha Bland, #0430 - Joy Pendleton, #0606 - Terrell Mason, #1113 - Carla Reed, #1206 - Abayomi Solebo, #1233 - Lori Exum, #3125 - Arlene Blackman, #3314 - Ella Ward, #3612 - Marjorie Rand

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Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **6/23/15 at 1PM** at the Safeguard Self Storage facility located at **3300 Frankford Ave, Philadelphia, PA 19134.** The personal goods stored in the following units by the following tenant(s):

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1002 Billy J Tillman, 1102 Henery McKnight, 1102 Henry McKnight 1303 Greg Marcynyszyn, 2312 Antonio Negron, 2410 Natalie Lawrence, 3106 Sandra Negron

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 # 1239 Marcus Tomlin, # 3003 Shivonne Richardson, # 3214 Shelly Wilson, # 3307 Ellisha Early, # 3619 Chloe Tippins

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Philadelphia, PA 19146

*Diplomate, American Board of Podiatric Surgery, Fellow, American College of Foot and Ankle Surgeons

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0200 Toya Giddings • 0203 Raymond Borges • 0516 Alicia Burns 1205 Patricia Kolman • 2328 Sherlis Torres • 2401 Briana Taylor

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

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#3219-Timothy Hillman, #3501-Wanda Velez

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0109 Latimore Nadirah • 0306 Rodney Balmer • 0402 Eric Melaurin 2223 Marlene Ray • 2312 Amber C Woodson • 3307 Jean Williams 3403 Anthony Bruno • 4105 Theresa Boulart • 4306 Andrew J. Espinoza

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **6/23/15 at 12PM** at the Safeguard Self Storage facility located at **830 E. Hunting Park Ave, Philadelphia, PA 19124.** The personal goods stored in the following space numbers by the following tenant(s):

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#3532-Stephanie Guy • #3312-Sheyla Garcia • #2601-Robin Nock #2434-Emma Rios • #1104-Christian Lafty

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Horoscope

♊ Gemini | May 22-June 20
Question the motives of a smooth talker. Promises made will not be kept. See through the flattery to find out what this person wants.

♋ Cancer | June 21-July 22
Don't spread yourself too thin by taking on too much. Stick to what you know and do your best in order to outperform the competition.

♌ Leo | July 23-Aug. 22
You will be the rock that others lean on. Your sensitivity, strong character and responsibility will be a comfort to friends who are facing personal struggles.

♍ Virgo | Aug. 23-Sept. 22
Take care of business yourself. Acting alone will be more efficient in the long run than trying to ensure that others do a good job.

♎ Libra | Sept. 23-Oct. 22
If you are feeling hemmed in, break out of your pattern. Variety is the spice of life, and you will meet some interesting people if you are open to change.

♏ Scorpio |Oct. 23-Nov. 21
Accuracy is important. Keeping your personal paperwork up to date will avoid headaches down the road. Give yourself an incentive.

♐ Sagittarius | Nov. 22-Dec. 21 You are savvy. Trust your judgment and follow through with your plans. You may not be able to please everyone.

♑ Capricorn | Dec. 22-Jan. 20 Start living a healthier lifestyle. Make time for healthy eating and regular exercise. Once you begin to reap the benefits, you will realize your full potential.

♒ Aquarius | Jan. 21-Feb. 18 Spice up your life by putting the emphasis on love. Time spent with someone special will bring you both closer together.

♓ Pisces | Feb. 19-March 20
Don't let what others say get to you. Stick to your own devices. An imaginative concept can be parlayed into a side business.

♈ Aries | March 21-April 20
Increase the odds of advancement by introducing yourself to as many new people as possible. There is nothing to fear.

♉ Taurus | April 21-May 21
Don't waste time trying to convince others to help you. It's important to take care of your affairs on your own. You will discover information. EUGENIA LAST

Sudoku: Easy and hard

			3	6		7	1	
		9	5			8		
2			4		9			
6			7		4			
	7	5		3		9	2	
			9		8			5
			2		5			3
		4			1	2		
	2	1		7	3			

2					5		3	8
	5	6		8			7	
1		4	3					
	3		7			2		
	6						1	
		2			3		5	
					1	7		9
	2			3		1	6	
6	1		9					3

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letter to the editor

Philae is a wonder

The use of the word "botched" in describing the European space agency's Rosetta/Philae mission is terribly misleading. Try "resilient." The original mission of Rosetta, a 2003 launch and a 2011 rendezvous with 46P/Wirtanen, was aborted following a failure of an Ariane booster rocket.

A new rendezvous target was chosen, the launch rescheduled and modifications made to Philae to compensate for the different mass of the comet. The probe was launched in March 2004, flew by Earth, made a low pass over Mars in February 2007 to correct trajectory, passed by Earth again in November and performed measurements on asteroid 2867 Steins. Nearly four years later in May 2014, Rosetta finessed her trajectory to match that of comet 67P/Churyumov-Gerasimenko. In August, Rosetta completed the rendezvous and entered orbit in September 2014. After mapping the surface, the ESA decided on a landing site, and Philae was released in November 2014. Despite a failure of its locking harpoons, Philae made a soft landing. It transmitted volumes of data over three days until its batteries went into hibernation. As Philae is solar powered, its exposure to sunlight has recharged its batteries to the point where it is sending telemetry back to the ESA via Rosetta. To travel 6.4 billion kilometers over 10 years, and still be able to rendezvous, land, transmit and recover ... that is anything but botched.
DANIEL THOMAS, LEEDS, UK

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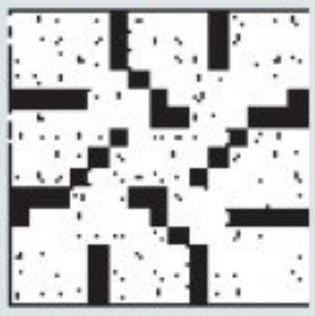
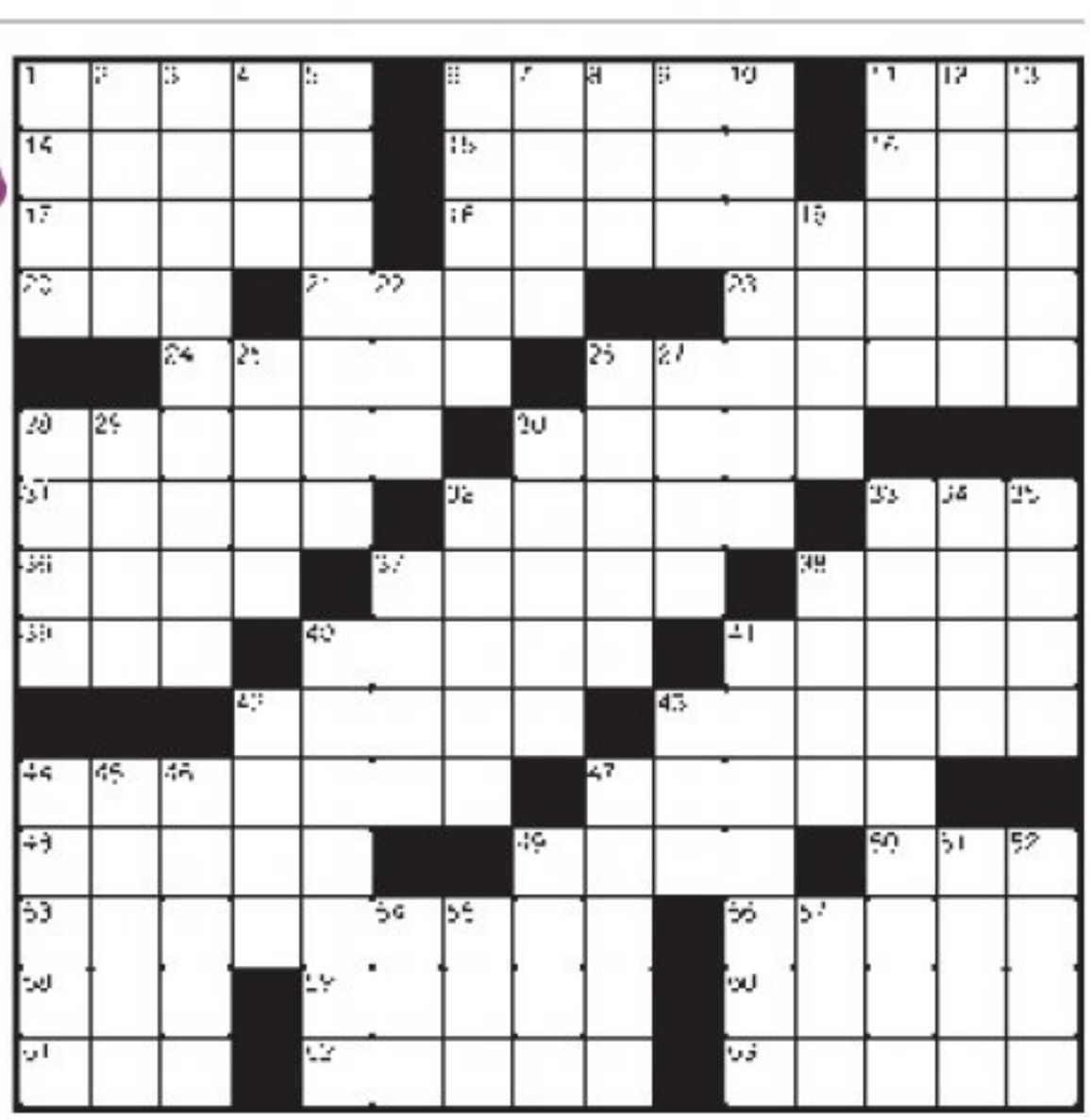
Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Crossword

Across
1 Henry VII's navigator
6 Hot-tub material
11 Cuttlefish defense
14 Island greeting
15 Pop up
16 Whiskey grain
17 Singer — Judd
18 Underlying reason
20 Knightly title
21 Young fellas
23 Climber's spike
24 Desktop symbols
26 Keeps digging
28 Spa
30 Bridle parts
31 A Musketeer
32 Trouser purchases
33 Movie studio
36 Nerve
37 Sheriff's star
38 District
39 Ron who played Tarzan
40 "Hurricane" songwriter
41 The "k" in 24-k
42 Quart, plus
43 Fiesta "must"
44 Bounce back
47 Discussion group
48 Kate's sitcom friend
49 G-men
50 This — — test
53 Risky funds source (2 wds.)
56 Eye color
58 DJ's platters
59 Off-limits
60 Hunches
61 Oater answer
62 Long bout
63 Sauce with basil

Down
1 Containers
2 Jai —
3 Like an oaf
4 Unit of resistance
5 Clothes pros
6 Funny people
7 Geologic time divisions
8 Telegraph signal
9 — — live and breathe!
10 Goes back into business
11 Burnt up
12 Synthetic fabric
13 Wails
19 Puppy bites
22 Diligent insect
25 Put in the fridge
26 Vouchsafe
27 Dublin's land
28 See red
29 Term paper abbr. (2 wds.)
30 Speed-trap device
32 More washed-out
33 Gets preachy
34 Troublesome bug
35 Physics intro
37 Eight bits
38 Writer — Grey
40 Sells off
41 Close affinity
42 Cut of meat
43 Walk barefoot
44 Come from behind
45 Wed on the run
46 Hold tightly
47 Black tea
49 Kermit, e.g.
51 Musical chairs goal
52 In addition
54 "Bali —"
55 Mr. Vigoda
57 Lemony drink

Yesterday's answer




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3 SPORTS

Game 6 preview

Can LeBron do it alone?

After Sunday night's 40-point outing, in which he also had 14 rebounds and 11 assists, Cleveland forward LeBron James now has three 40-plus point nights in this series against Golden State."I feel confident because I'm the best player in the world," a not-so-humble James said after Game 5. "It's that simple. It's clear by now that the Cavs are going to live or die with LeBron shooting over 30 shots from the floor per game. James will likely be touching the ball at the beginning and end of the majority of the Cavaliers' possessions Tuesday in Cleveland for Game 6 (9 p.m., ABC). If not, his phenomenal postseason will come to a close.

MACNOW: 'MY PHILLY SPORTS FRANKENSTEIN'

What if we could create the perfect athlete, using the attributes of those who've passed through town in the past 25 years? Here's my Philadelphia Frankenstein:

Hair

Nerlens Noel: He's 6-foot-11, and the flattop makes him about 7-foot-4. Nice tribute to the Fresh Prince.

Right arm

Randall Cunningham: The release was way too slow. But, given time, he could hit Mike Quick 60 yards downfield.

Wrists

Chase Utley: He's shot now, but in his prime he could flick those wrists and drive the ball out of the park. Especially Shea Stadium.

Hands

Jimmy Rollins: Averaged just eight errors a season, and earned four Gold Gloves, during the Phils great run.

Belly

Ken Hitchcock: A smart coach whom players cited as an example that not all fat men are jolly.

Knuckles

Donald Brashear: The last fearsome fighter in orange-and-black. Remember Tie Domi hiding behind the linesman?

Fingers

Dikembe Mutombo: We all imitated the finger waggle. The guy's digits resembled yardsticks.

Fists

Bernard Hopkins: He's more of a technician than a brawler, but I still can't think of anyone I'd less rather have punch me.

Thighs

Roy Halladay: It was his great push off the mound that made him perfect.

Beard

Jayson Werth: Not enough competition in this department. Werth really let it go that one year he tried out for ZZ Top.

Nose

Rod Brind'Amour: That thing bent in six different directions. Still, women loved him.

Mustache

Andy Reid: That big red paintbrush.

HOW WOULD YOUR "SPORTS FRANKENSTEIN" LOOK?
BILLY BECERRA

Legs

David Akers (left)

Cody Parkey or Heather Mitts (right)

Feet

LeSean McCoy: Changed direction better than anyone since Barry Sanders. Sorry to see it end ugly.

Forelocks

Smarty Jones: I'm not really sure what a forelock is, to be honest.

Abs

Terrell Owens: Those crunches in the driveway weren't for nothing.

Rear end

Jaromir Jagr: All that skating power derived from those glutes. I'll always wish he'd stayed here longer.

Balls

Allen Iverson: Would drive into the land of seven-footers to put up a feathery layup, take a huge hit and then do it again.

Spleen

Larry Bowa: Tamer now, but, man, he could spit venom.

Mouth

Curt Schilling: Sometimes incisive, sometimes inane. Never boring.

Brain

Chip Kelly: The proverbial smartest guy in the room. And all you Sam Hinkie sycophants can sit down.

Ears

Donovan McNabb: He heard every word of criticism, even when whispered.

Left arm

Cole Hamels: Almost 2,000 quality innings over 10 seasons. Second only to Steve Carlton as the franchise's top lefty.

Jaw

Eric Lindros: Not really. I just wanted to get him on this list. Alas, his jaw was made of glass. The ultimate "what could have been" in Philadelphia sports.

Heart

Brian Dawkins: Give him the nod for soul, as well.

Pituitary gland

Shawn Bradley: If he only had a heart.

Opinion

GLEN MACNOW

@REALGLENMACNOW

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades.

Can Eagles' offensive line overcome loss of Pro Bowler Mathis?

NFL. The Eagles hope they have enough on the roster to field a potent offensive line in 2015.

Chip Kelly has brought Philadelphia its most entertaining offseason since Terrell Owens was here more than 10 years ago, with moves that have been questioned, praised and downright puzzling for Eagles fans.

Since taking control as GM for the Birds, one message has been made clear by Kelly: This is his team, and what shapes his team is the culture he's created.

Evan Mathis was just another victim who chose not to abide by that culture. On Thursday, Kelly cut the two-time Pro Bowler.

Mathis has been looking for a bigger contract for the past two seasons and chose not to attend voluntary OTAs during the past two weeks. And in true Kelly form, the coach refused to put up with a player putting himself before the team.

Now, the Eagles face the disadvantage of the departure of one of the best guards in the NFL and are left with journeyman Allen Barbre and 25-year-old Matt Tobin, both of whom are inexperienced at starting at the position. They also reportedly are signing free agent guard Jared Wheeler.

Barbre and Tobin appear to be the front-runners for now, with the possibility of Andrew Gardner competing with Tobin to fill the hole left by the release of Todd Herremans. Wheeler could also vie for the starting job.

Young blood

Even after losing 33-year-old Evan Mathis, the Birds could use some young blood on their line.

- One of the best tackles in the league, Jason Peters, is also 33.
- With Herremans and Mathis gone, the path is open for younger guys like Matt Tobin (25) and Josh Andrews (23).

It seems like quite a task to replace both Mathis and Herremans. However, the collective group the Eagles have in place could possibly work, as is, for Sam Bradford and the offense.

After being drafted by Carolina in 2005, Mathis started 15 games in three seasons. The case can be made that Mathis didn't develop into the reliable guard he is until being signed by Andy Reid.

The biggest plus having Mathis was his ability to perform in Kelly's uptempo offense. Barbre and Tobin can now go a full offseason on the first team — both have been in the system themselves for two years now, working under offensive line coach Jeff Stoutland.

The worry is not necessarily having a viable starter but the depth of the Eagles' O-line.

Another positive is that Barbre and Tobin get to play beside Lane Johnson, Jason Kelce and Jason Peters, which wasn't the case last year as Johnson was suspended for the first four games, and Kelce was out with a sports hernia.

Only time will tell for the fate of the offensive line. For now, there is of course concern, but don't write off the two new starting guards yet. Chip Kelly hasn't, and Bradford's knees hope to play 16 games behind anyone.

JEFF SMYTH
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The Birds still have their leader up front, Jason Peters. / GETTY IMAGES

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Vianelis Rosario 3160 • Sherry Robinson 2107 • Rochelle Sady 2043
Marie Brooks 1002 • Anthony Davis 2144 • Georgina Degraffinreaid 2106
Miguel Manzano 2161 • Wilfredo Manzano 1023 • Lester Roberson 3059
Maria Rodriguez 3128 • Carlysle Johnson 3251 • Carlos Colon 3159

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NOTICE OF PUBLIC AUCTION

On Friday June 26, 2015 at 1:00 PM, Storage King USA - Germantown at 335 E Price Street Philadelphia PA 19144 (215-844-8252) will hold a public auction. Items will be sold to the highest bidder for cash.

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JERRICA PHILLIP 2020 • ALEA COPELAND 2068

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The following units contain household and/or personal goods:

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Marcella C. Bickerstaff 2199 • Effuata Mcclain 2208 • Maurice N. Smith 2212 • Gloria Dawkins 2219
Rasheed N. Thompas 2264 • Lavita Gale 3039 • Renee I Jones-Ahmad 3046 • Stacey Ross 3059
Raymond Dixon 3082 • Eduardo Garcia 3110 • Elaine Jones 3140 • Keena Thomas 4088
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World Cup preview: USA needs to win vs. Nigeria

World Cup. Team USA is hoping to locate their offense again during Tuesday's Group D match.

Team USA is still waiting for Abby Wambach to let loose. / GETTY IMAGES

It all comes down to Tuesday's match vs. Nigeria (8 p.m. on FOX) for the U.S. women's national team (1-0-1) at the 2015 World Cup in Canada. While they haven't officially reached the knockout stage yet, heading into their third and final group stage game, it would take a blowout loss, which is very unlikely, at Vancouver's BC Place to keep them out of the Round-of-16.

After Friday's frustrating, scoreless draw with Sweden, it is clear that Team USA has plenty of things to work on if they hope to secure their first World Cup title since 1999 (they still have the second-best odds to win, behind Germany). It has been a bit of a role reversal so far with their defense carrying the team while their offense has been lacking, particularly against Sweden.

A record television audience tuned in for the U.S.-Sweden match and, even though it didn't deliver much in terms of excitement, American head coach Jill Ellis seemed generally pleased with the proceedings for her squad.

"It was like two heavyweights going at it," the coach said. "In the second half, we were better: We had more possession, and we'll take positive things away from this. We're still in the driver's seat [in Group D]. We can still finish in first place."

After tying Sweden 3-3 in their opening match, then getting blanked 2-0 by Australia on Friday, Nigeria has no choice but to go for broke on Tuesday since they need a win (and plenty of help) to advance. Theoretically, that should play into the United States' counterattacking hands, and maybe this will get their sputtering goal-scoring untracked.

Abby Wambach surprisingly didn't start for the first time in years versus Sweden, but she still had the best scoring chance for the U.S.: a diving header that forced a tough stop by the Swedish goalkeeper. Once again, Alex Morgan was used as a late substitute.

American defender Meghan Klingenberg had the play of the game against Sweden: She is only 5-foot-2, but she managed to head out a Swedish shot that was headed for the top corner of the goal following a dangerous corner kick. Goalkeeper Hope Solo notched the shutout against Sweden, which should help her confidence.

The United States' goal-differential is +2 while Australia (which has 3 points) and Sweden (which has 2 points) are both zero. Tuesday is the right time for the U.S. to put it all together with their best effort of the tournament thus far; we know that they are capable of better showings than they've had so far in Canada.

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Court of Common Pleas for the County of Philadelphia, June term, 2015, No. 141200988 Notice is hereby given that on 2/20/15 the petition of Michelle Piard was filed, praying for a decree to chage her name to Marie Michelle Piard. The Court has fixed courtdate, 6/17/15 at 11:30 A.M. in Room No. 691 City Hall, Philadelphia, PA for hearing. All persons interested may appear and show cause if any they have, why the prayer of the said petition should not be granted.

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